



TABLE VERBS

- Make Space
- Prepare
- Gather
- Share
- Receive
- Reflect
- Reset
- Rest

TABLE TYPES

- Familiar
- Ordinal
- Special
- Mobile
- Spontaneous
- Inaccessible

WHAT DO WE FIND AT THE TABLE?

Daily Bread

We get what need to thrive: food, fellowship, space, etc.

Leftovers

If we're doing it right, the table meal sustains us spiritually, physically, emotionally, and mentally, well past the day it's served.

Do-Overs

Sometimes we burn the casserole! Tables are about offering grace, even when our best is not our best. The table is a place to try, and try, and try again, and know, no matter what, you are enough, and that you are loved by those who gather, just as you are.

WHAT DO WE FIND AT THE TABLE?

Belonging

No reservations. Ever. Your seat is always open. And the table longs to be the place where you can be comfortable being YOU.

Dialogue

Tables aren't echo chambers. They are safe spaces to both offer and receive the thoughts of others, where disagreement and respect are not mutually exclusive.

Empathy

When we share in our common needs and celebrate our common joys, we see humanity and value in one another. We consider life from other perspectives.

REFLECTIONS

What have you found at your tables this week?

What does it mean to be full? What does it mean to be whole? What does it mean to be seen and heard?

How do we make tables place of discovery rather than secrecy or hiddeness?